



strawberry banana smoothie

AN #HBATHOME RECIPE FROM CHEF NICK KECK & LEAH

ingredients

- 2 cups frozen strawberries
- 1 peeled banana
- 1 cup milk
- 1 cup ice

supplies

- blender

directions

- Add all ingredients to a blender and pulse until smooth. If the mixture seems too thick, add in extra milk (or water). If it seems too thin, add in extra strawberries or banana.
- Serve immediately.